



Alba and I am going to explain my internship. We were two students who did the intership: Robert and me. Our internship was in France, in Les Sables d'Olonne, Nantes, in a hostelry hotel. The company had a hotel, a restaurant and a bar.

The company: Le Chêne Vert

The restaurant-bar-hotel was located in front of the train station SNCF Les Sables d'Olonne, 500m from the city center and 7minute walk from the main beach. A highly touristic town located in Vendée, one of the sunniest regions of France.

(Now I am going to explain all the parts of the company and after that I will tell you my experience and the things I learned).

The hotel was scored with 2 star, but personally I felt like it was a 3 or 4 star hotel, because of his truly amazing service. You will see that for a 2 star it was a quality hotel, really fancy and elegant, and everything was new.

In the hotel there were 33 rooms, each one equipped with a telephone, a flat screen TV (with Canal +) Wifi, and a bathroom with the basic items.

There were 3 types of room:

- single rooms: this one was the cheapest one (aproximately 60 € per night) with one single bed, a bathroom with a shower. It has also a table and a chair.
- double rooms: bigger, double bed (aproximately 70-80 €/ night).

-And a room with a loft: One double bed and 2 single bed upstairs. This one was the expensive one but the ideal room for a family (aproximately 90-100 € /night).

The bar: (normal bar, really well decorate and a good environment).

The terrace: Only open in summer. (So it was closed the week I worked there).

The restaurant: there were approximately 200 tables in all restaurant (but here you can only see a little part of it).

Timetable:

It is really an important thing. A company, to work and to success needs clients. Before going there, I thought that there were not going to be many clients, because it was January, and it's a low season, but I was wrong.

This hotel has clients all the year.

In summer, of course, because of the hotel's location (in front of the train station and near to the sea), they have a lot of tourists staying in their hotel, and eating in their restaurant.

During the winter season, they have also clients staying at the hotel. The customers are people who do boats trips and stop on the coast to rest for a few days.

Also the owners of the hotel count on 100 workers that have lunch there every week day. The workers just eat there and they pay with a "check".

Breakfast was everyday between 7 am to 10 pm, lunch was at 12 am (That was a really difference to me because In Spain we normally have lunch at 1 or 2 o'clock), and dinner started at 7 pm (but normally dinner was the less worked one because there was no menu, just buffet).

Work:



Our job contract was working from 9am to 3am during 5 days.

During all week we did different works, such us:

-Cleaning the rooms.

-Preparing tables and serving the food to the clients.

-Cooking on the kitchen: I loved helping the chefs to cook. In the restaurant every day you could choose between menu or also there was buffet.

The menu was quite normal, one main dish, a second one and a desert, which you could choose between any tipical bakery and there were also a lot of types of cheese, if you wanted to eat.

-Serving at the bar: I learned how to prepare different alcoholic drinks, and coffees.

Facts about this week:

-They told us that we had to go elegant, dressed with fancy clothes. But when we arrived there it turned out that we could go with normal clothes.

-With the clients you had to be very polite, and in French you need to use all the time the third person and use the "Mademoiselle", "Madame" and the "Monsieur".

-The thing that I really loved about Le Chêne Vert was that the owners of the hotel were really humble. They worked there: the woman worked all day on the bar, and the man was on the reception all the time. So they did not just have the hotel with workers working there. Every morning when we arrived there 20 minutes before starting they ofered us breakfast and everything we wanted. They were really kind I they made me felt really confortable.